

Accelerating Momentum

/ə'k'selə'rāt/ (VERB), /mō'men(t)əm/ (NOUN)

NOTHING HAPPENS UNTIL SOMETHING MOVES

Mon • day, 1mārCH|30

12:00–2:00 PM Conference Registration

2:00–2:30 PM Welcome and Opening Remarks

Liz Prosch, Vice President of Methodist Homes of Alabama and NW Florida, Chairperson, ALAA

2:30–4:30 PM Best Practices Roundtable: Life Safety, Employee Retention, Pharmacy, and Worst Practices (2)

Erin Thompson, Aspire for More with Erin, Director at Large, ALAA, Sammi Brooks, Morningside of Decatur,

Tiffany McFall, PharmD, Pharmacy Partners of Alabama and Kelley Mitchell, RN, MSN, Executive Director, ALAA

4:30–6:00 PM Cocktail & Networking Reception

Tues • day, 1mārCH|31

7:00–7:55 AM Breakfast with Sponsors & Exhibitors

8:00–9:15 AM Accelerating Momentum: How Energy, Connection, and Consistency Transform Assisted Living Teams (1.25)

Dr. Jeremy Fletcher, PT, DPT, Founder of Community Health Strategies, LLC

9:15–10:15 AM Many Paths. One Alabama (1)

Greg Reed, Secretary of Workforce, Alabama Department of Workforce

10:15–10:45 AM Break with Sponsors & Exhibitors

10:45–12:15 PM Elevating Dementia Care Through Intentional Engagement (1.5/1.5)

Sasha Dawn, Founder and CEO of Utopia Experiences

12:15–1:45 PM Lunch with Sponsors & Exhibitors

1:45–2:45 PM Retention Begins at Hello...Start Strong, Stay Strong: Using Orientation to Boost Staff Retention (1)

Sammi Brooks, Morningside of Decatur, Executive Director & Area Manager

2:45–3:45 PM EDAVS for Assisted Living Facilities: Understanding APS, Reporting, and Placement Support (1)

Billie Robinson, LMSW, Adult Protective Services/Program Supervisor, Alabama Department of Human Resources

3:45–4:15 PM Break with Sponsors & Exhibitors

4:15–5:15 PM An Age-Friendly Approach to Polypharmacy and Deprescribing (1)

Debbie Mulanix, BSP Pharm, BCGP, FASCP, Director of Consulting & Clinical Services, Senior Care Pharmacy, Inc.

Wed • ne • sday, 1'āprā|1

7:00–8:00 AM Breakfast with Sponsors & Exhibitors

8:00–9:30 AM Innovative Non-Pharmacological Interventions in Dementia Care: Real World Strategies Using Music, Massage and Other Out of the Box Tools (1.5/1.5)

Joanna LaFleur, Founder of Memory Lane Foundation

9:30–10:30 AM What's a Building to Do? Understanding Powers of Attorney, Guardianships, Advance Directives, and Portable Do Not Resuscitate Orders (1)

Kenny W. Keith, Esq. Starnes Davis Florie, LLP

10:30–11:15 AM Break with Sponsors & Exhibitors

11:15–12:15 PM Accelerate Momentum: Turning Conference Insight into Next Steps (1)

Erin Thompson, Founder and CEO of Aspire for More with Erin, Director at Large, ALAA

12.25/3 CEs Approved by the Board of Examiners of Assisted Living Administrators

12.25 CEs Approved by the Board of Examiners of Nursing Home Administrators

14.7 CEUs Approved by the Alabama Board of Nursing (ABNP 1555)